

Menninger Update

February 2020

For board directors, employees, faculty & trainees of The Menninger Clinic



Outpatient Services Center building planned

Since the arrival of President and CEO Armando Colombo in September 2019, planning to construct the Outpatient Services Center has moved swiftly. A 2020 groundbreaking date will be revealed at the March 5 board meeting.

Although construction was paused the past two years, crucial work was

undertaken to ensure donor funds are most effectively applied in support of the capital campaign vision and Menninger's future needs. Plans were reassessed to ensure alignment with our strategic goals and those of our affiliate Baylor College of Medicine.

With backing of Board leadership, the decision was made

to move forward with construction of a two-story, 30,000-square-foot building that is connected to the main Commons building by a short, covered walkway. A current craft room near the cafeteria will be replaced by a new entry hall to the Commons. In addition, existing classrooms will be significantly renovat-

ed and upgraded with advanced conferencing technology to create a state-of-the-art education center. A 6,500-square-foot building near the back of Menninger's campus, known as Building 8, also will be reconfigured and converted into a dedicated Research Institute.

The first floor of the Outpatient Services Center will include a reception area, consultation rooms, child play therapy and observation suite, telemedicine suite, brain stimulation services and sleep lab, as well as a large patient lounge and meeting spaces for recovery groups. Continued on page 6

Spotlighting

2 SMOC resources

2 TMS added

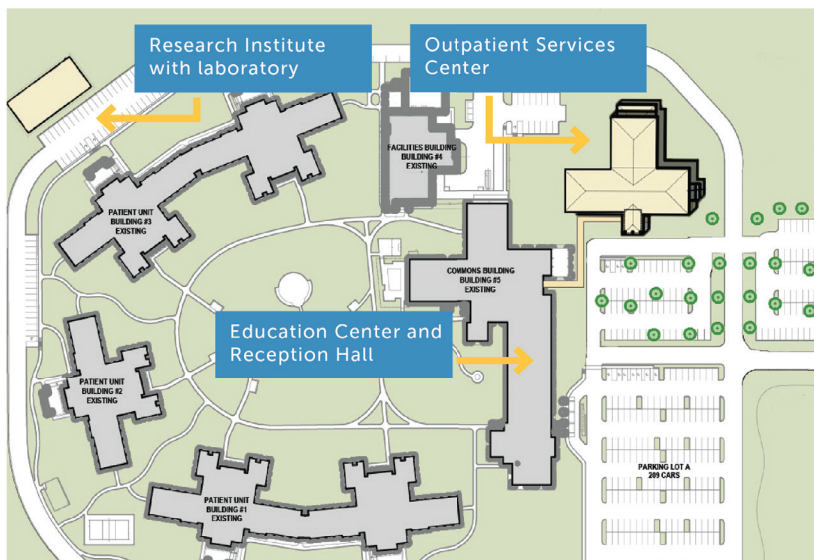
2 Free records on USB drives

4 Staff news & calendar

5 Chief of staff recruiting

5 Plans for Go Texan Day

6 Health-focused staff



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Portraying a patient, Marilyn Warnock helped Drs. Neil Puri, left, and Chester Wu perfect the patient experience for TMS procedures.

Brain Stimulation Center now offering TMS

As the staff has expanded at the Center for Brain Stimulation, so have the services. In addition to ECT and ketamine, the Center offers transcranial

magnetic stimulation (TMS).

All of the Center's services are available to inpatients and outpatients and are being

marketed to local referral sources whose clients may benefit from a consultation or procedure for treatment.

Psychiatrists: Best Hospital survey opens this month

The U.S. News & World Report's annual survey of Best Hospitals by specialty opens later in February via the online platform Doximity.

All psychiatrists with an account in Doximity may name the Best Hospital in Psychiatry for complex cases. Remember to take advantage of this opportunity.



Winter vegetables are being harvested by Chef Russell Knott for cafeteria menu items. Behind him is a tub of turnips.

Strategy Management Oversight Committee

Launched in July of 2019, the Strategy Management Oversight Committee (SMOC) serves as an overarching governance structure that drives multidisciplinary, enterprise-wide initiatives. The Committee consists of representatives from numerous Menninger departments and disciplines. Stephanie Cunningham, vice president of Business Development and vice president of Philanthropy, noted, "As new initiatives are identified in the strategic planning process, SMOC will provide a structure to thoroughly assess and prioritize initiatives, while also managing organizational resources."

Since its inception, SMOC has reviewed and scored four major projects: 1. Menninger 360 Child/Adolescent PACT, 2. Sleep Medicine Program, 3. Omnicell Cabinet Replacement and 4. Patient Technology Experience.

For more information regarding SMOC and details about project submission, check out the new [Strategy Management page on The Link](#). The page is located under Measuring Success and includes the Committee Charter, tools, resources and forms. Any questions may be directed to [Raheela Khan](#), strategy management consultant.

HIMS now providing free records via USB

The change to providing a patient record on a portable USB drive will save \$400 on average for the patient and significantly reduce the time for the HIMS team to "copy" the record. It also will save on paper as some records are more than 1,000 pages in length.

The paper medical records can still be provided if a patient chooses that option.

"We are pleased to now provide medical records on USBs to patients and families at no charge.

This is one more satisfying service we can provide to our patients," said Veronica Sevilla, supervisor, HIMS. "This cuts down the cost of paper and allows us to get the request for medical records out the door faster."



Giving Back Project nets trove of items for Tony's Place

For the last several years social workers and licensed professional counselors have organized a Clinic-wide campaign of donations to contribute to a worthy community health or mental health agency. This year the group chose Tony's Place, an organization in the Montrose section of Houston, that serves as a day program for LGBTQ homeless adolescents and young adults.

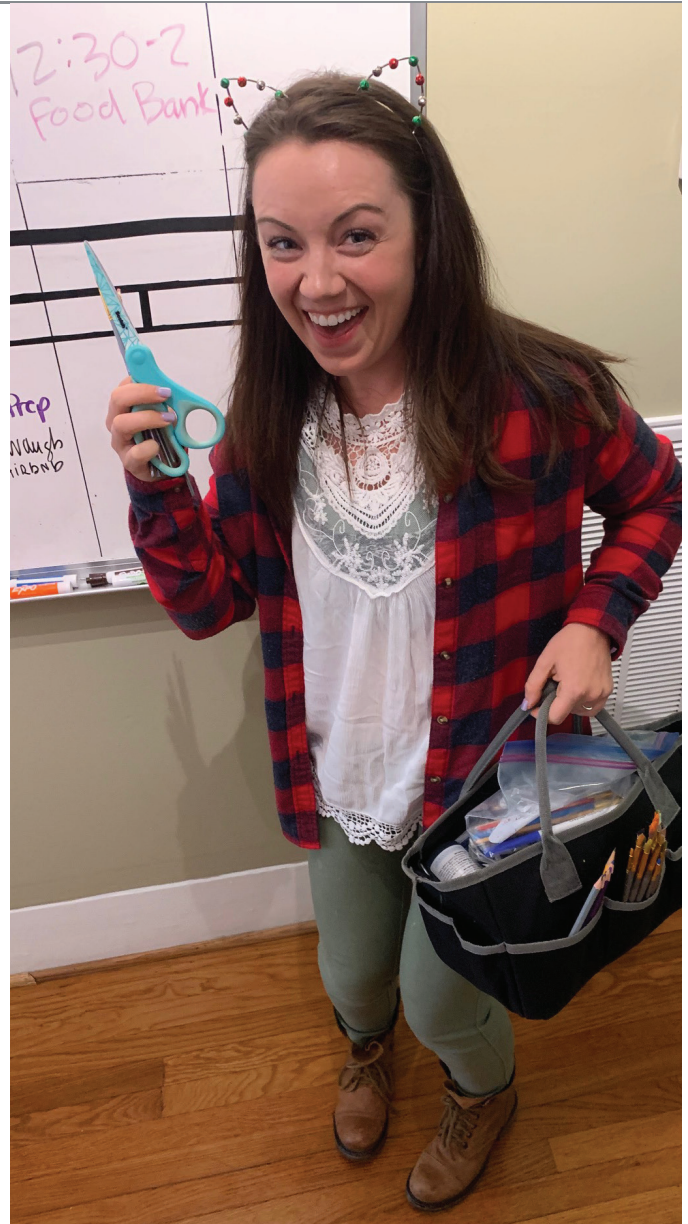
The goal of Tony's Place is to provide solutions for immediate needs by making available free hot meals, showers, laundry service, hygiene kits, age-appropriate clothing, mail service, use of computers, Wi-Fi and phone chargers. It is also a place where the clients can learn life skills for a better future through education, health and wellness, occupational training, cultural development and other enrichment programs.

The Giving Back Committee co-chaired by Amanda Cherry, LCSW, Compass, and Leslie Wood, LCSW, ATP, supplied seasonally decorated oversize boxes across the organization and collected items from December 10 through January 10. During this time, Cherry, Wood and committee member Keisha Moore, LCSW, Outpatient Services, made three deliveries of donations that filled three large SUVs. Included was a large box of lotion and body washes and a bulk case of hygiene and toiletry kits for men and women. In addition there were several loads of clothing items and backpacks. Delivered in time for the Tony's Place holiday party was also over \$400 dollars worth of gift cards to retail outlets such as Target, Walgreens and H-E-B.



Giving Back Committee members included, *clockwise from top*, Noemi Chenu, LCSW; Leslie Wood, LCSW, co-chair; Amanda Cherry, LCSW, co-chair and; and Keisha Moore, LCSW.

The Giving Back Committee that also included, Candice Holloway, LPC, Pathfinder, Mallory Mincberg, LPC, Bellaire Outpatient Services, and Janice Poplack, LCSW, ACSW, director of social work. They were very pleased with the generosity shown by the faculty and staff of The Clinic.



Menninger 360 marks 2nd anniversary

On the road for clients

Anna Boyd, MA, LPC-I, RDT, RYT 200, has her art therapy kit ready to go to meet a client for some expressive art therapy.

Recruitment bonus announced

For RN and BSN nursing positions, Menninger is offering a \$500 referral bonus to non-leaders. The bonus will be paid to the staff member once the new nurse completes six months of employment.

[Learn more](#) about how the referral bonus works on The Link's homepage.

Upcoming Events:

As you assess your finances and prepare for tax season, now is a good time to arm yourself with saving information. Fidelity, our employee Retirement Plan provider, is offering *free* webinars on a wide variety of topics. Look for the full schedule of webinars on The Link.

February 7: Wear red for heart health and participate in one of the walks around campus at 7:45 am or 11:45 am. Walkers will depart from the Commons lobby.

February 7: Fidelity webinar, Prepare for the Reality of Health Care in Retirement, 9 am, <https://netbenefits.fidelity.com/livemeetings>.

February 7: Fidelity webinar, 3 Ways to Start Feeling Good about Your Finances, 11 am, <https://netbenefits.fidelity.com/livemeetings>.

February 7: A Mentalization-based Approach to Group Psychotherapy, a Menninger CE activity presented by Dr. Peter Fonagy, is set for noon-2 pm, classrooms.

February 10: Fidelity webinar, Make the Most of Your Retirement Savings, 1 pm, <https://netbenefits.fidelity.com/livemeetings>.

February 10: Journal Club is open to all staff interested in discussing the neurobiological and psychological factors for development of psychiatric disorders, featuring Dr. Efrain Bleiberg, 11 am, 5128. RSVP to Michelle Patriquin, PhD, ABPP.

February 11: Get moving and have fun at Beat for Your Heart, a mini Drumba session, Noon-12:15 pm, Wellness Center.

February 12: Fidelity webinar, Maximize Social Security

in Your Retirement Strategy, 1 pm, <https://netbenefits.fidelity.com/livemeetings>.

February 12: Free chair massages in the Wellness Center all day. Sign up for a 15-minute massage on the Global Drive, Human Resources, Wellness, Massage Schedule.

February 14: Fidelity webinar, Take the First Step to Investing, 9 am, <https://netbenefits.fidelity.com/livemeetings>.

February 17: Family Education Day in the classrooms throughout the day. Families should register on our website.

February 17: National Random Act of Kindness Day

February 18: Get moving and have fun at Beat for Your Heart, a mini Drumba session, Noon-12:15 pm, Wellness Center.

February 21: Seats remain available for Continuing Education's Distinguished Clinician Series that will be presented by former Menninger Chief of Staff Richard Munich, MD, on Helping the Complicated Psychotherapy Dyad Find Words, noon-2 pm, classrooms.

February 24: Leadership Team, 3:30 pm, classrooms

February 24-March 2: National Eating Disorders Awareness Week

February 25: Get moving and have fun at Beat for Your Heart, a mini Drumba session, Noon-12:15 pm, Wellness Center.

February 26: Our Chaplaincy Service will offer imposition of ashes for Ash Wednesday. Details to be announced on The Link.

February 26: Megan Kale Morcomb, MSW, LCSW-S, and Angela Koreth, LPC-S, will be panelists for the Bellaire Safety Awareness Seminar, 7-9 pm, Evelyn's Park. [Register](#) for the free event to save your seat.

February 28: Go Texan Day

February 28: Final day to complete Annual Compliance Training for all employees, faculty and trainees. Assigned courses and modules can be found in the Menninger Learning Center.

Welcome aboard

- Brenda Lazorwitz is rejoining Menninger this month. She previously worked at Pathfinder and will join the Menninger 360 team. Her specialties include radically open DBT and trauma.
- Chantierra Grant, MHA
- Kourtney Robinson, nurse resident
- Matthew Hopkins, recovery specialist
- Renesha Warrior, housekeeper
- Teale Jenkins, MHA
- Kevin Cook, MHA
- Ansel Schulenberg, staff nurse on Hope

- Octavia Bolton, ATP psychometrician
- Kirby Lyles, executive assistant to the president and CEO, has more than 10 years of administrative experience in Houston and New York City.

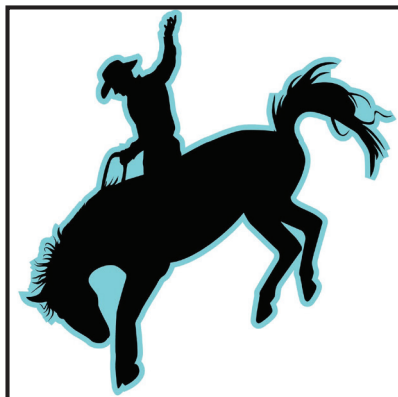
Transitions

- Amy Langston, BSN, RN, has completed the Stedman West Nurse Resident Program and has accepted a position on CPAS.
- Rob Pineda and Madeleine Doucet were promoted to Resident Advisor Team Leads for Pathfinder.
- Nancy Palyo, MSN, RN, NEA-BC, assistant vice president, PCS, is serving as CPAS interim nurse manager.

Go Texan Day celebration plans set

On Friday, February 28, the city will celebrate its Western heritage and the end of the trail for the trail riders who descend on Memorial Park.

Many employers in town, including Menninger, will celebrate Go Texan Day. The Clinic will have a free barbecue lunch, Western attire contest and photo booth for snapping fun photos to share.



A pair of rodeo tickets will go to the best dressed individual staff member. For best dressed team, the group will earn a pizza luncheon. Plan to send your photo entries to hrmenninger@menninger.

Accolades

- Pathfinder's Lee Holley obtained his LMSW and LCDC in the past month.
- Hope's Bobby Barrier, RN, graduated from the master's in nursing program at the University of Texas Health Science Center.
- Baylor College of Medicine will honor Dr. John Oldham as one of its Distinguished Alumni on April 25.

Departures

- Iris Lopez, dietary server
- Marc Manuel, MHA, who completed 12 years of service
- Lynette Mannifield, clinical data analyst, who worked in HIMS eight years

Advancing knowledge

- Afsoon Gazor, who was recently senior research coordinator, Sanjay Mathew, PhD, and Michelle Patriquin, PhD, ABPP, published Q-15 checks and 1:1 observations: Exacerbating a problem we are trying to solve. *Journal of Affective Disorders*, 263, 552-554. Doi: 10.1016/j.jad.2019.11.018 Gazor is now in the clinical psychology doctoral program at University of Texas Southwestern.
- Ramiro Salas, PhD, and coauthors published Hippocampal volume in psychiatric diagnoses: Should psychiatry biomarker research account for comorbidities? *Chronic Stress*, 2020 (in press)

School shooting prompts Bellaire seminar

Menninger is a co-presenter of the Safety Awareness Seminar for the Bellaire community on February 26, 7-9 pm, Evelyn's Park. The Buzz Magazines and Crime Stoppers and Bellaire Police Chief are also presenters.

The event is free but [online registration is required](#) for the limited seating.

Recruitment underway for chief of staff candidates

A constant networker with contacts nationally and internationally, Dr. John Oldham has been an ambassador for Menninger. Lately, he has been helping identify candidates to be the next medical executive at The Clinic.

The position is posted on Baylor College of Medicine's website and interested applicants are applying. Advertising in psychiatric trade publications and spreading the word through networking relationships are continuing to draw attention to the opportunity.

The Search Committee members are Armando Colombo, Sylvia Gonzalez Cruz, MD, and Jon Stevens, MD, MPH, from Menninger as well as Wayne Goodman, MD, Kim-Lan Tran Czelusta, MD, and Asim Shah, MD, from Baylor College of Medicine. If you have recommendations, please bring them forward to a member of the committee.

Pitch your plastic bottles into new recycling containers

The pilot that began on the Professionals Program has expanded across Menninger. A green recycling receptacle is located in every building, with one on each floor of the Commons.

Other recycling that takes place on campus includes:

- Cardboard box recycling by Dietary and Office Services

- Battery recycling collection for all staff – Recycling containers are located by the mail room window and in the break room on the second floor of the Commons.

Survey consultants visiting Clinic

Consultants are meeting with a number of staff members this week to orient Menninger to how the Cerner EHR will affect the next triennial survey by The Joint Commission. The consultants are working with Human Resources, Pharmacy, Infection Control, Facilities, Bellaire, Menninger 360 and others, as well as touring the Professionals Program.



When half is a great finish

A number of staff members completed the Houston Half Marathon in mid-January.

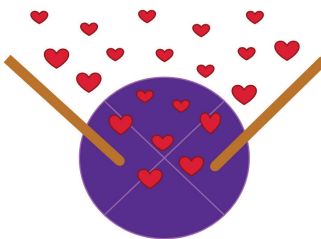
Pictured are, *clockwise from left*, Sharlíe Velasco, LCSW, on right, who celebrated with her family who came from Belize for the marathon; and Lindsey Hogan, PhD, and Patricia Daza, PhD, from the Compass team.

Others runners were Mychal Riley, LCSW, Pathfinder, and Mike McClam, MD, Admissions.

Put your heart health first starting this month

Heart Health Month activities are offered to help us all develop positive lifestyle changes.

- Friday, February 7 – Wear red and walk for heart at 7:45 am and/or 11:45 am, starting from the Commons lobby.
- Calendar of heart healthy activities – Visit The Link to view the daily calendar.
- Drumbats for Heart – Every Tuesday in February from noon to 12:15 pm in the Wellness Center. Bring your athletic shoes to wear for preventing slips or falls.



Outpatient Center – continued

The second floor will be “shelled,” allowing for future growth and expansion of Menninger programs and services.