**Conferences for BCM GI T-32 Fellows**

Our T32 fellows attend a series of clinical and research conferences hosted by the Section of Gastroenterology and Hepatology. They include:

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| **Day of the Week** | **Time: Conference** |
| Mondays | • Noon: iQuESt noon research talks (weekly) |
| Thursdays | •10am - noon: BCM Team Launch: T-32 Launch Pad Series • 3pm: iQuESt HSR Fellows’ Essentials/Foundations of HSR (several miniseries throughout the year)• 5pm: T32 career development series |

**Grand Rounds**

**GI Fellow** **Reading Conference**

**Clinical Conferences**

**Research Conference**

**GI Journal Club**

**T32 Lecture Series**

In addition, the following seminars and lecture series are available and highly recommended.

1. **iQuESt HSR Monday noon conference**

Speakers include local faculty from iQuESt and other TMC institutions, U of Houston, and fellows, as well as national and international speakers who may be visiting to establish/continue collaborations, for faculty candidate positions, or simply to present interesting research relevant to the group. The audience is chock full of superstars who are engaged, diverse, brilliant, and most importantly all are genuinely positive in their feedback and recommendations with the goal of being helpful.

Presentations also periodically include research in progress, which our fellows have the opportunity to take part in.

1. **iQuESt HSR Fellows’ Essentials (eg: fall 2020 schedule) – Thursday afternoons at 3pm (subject to change)**

Oct 10th HSR Intro/Center Overview

Oct 17th Intro to BCM and VA Study Protocol

Oct 24th Intro to Clinical Epidemiology

Oct 31st Intro to Biostats

Nov 14th Overview of Social Science Methods

Nov 28th Mentoring plans

Dec 12th Introduction to Implementation Science

Other topics covered: panels on work-life balance, productivity, career development

1. **BCM T-32 Team Launch: Launch Pad Program – 10am-noon, 4th Thursday of the month for 7 months (subject to change)**

This is a series of interactive sessions specifically created by the BCM Team Launch group for T-32 fellows in order to satisfy necessary requirements of T-32 requirements. It is led by phenomenal staff from across BCM and provides a tremendous foundation of skills that are not formally taught or discussed elsewhere. Some of best sessions include discussing challenges that arise within teams and how to “manage up” to get what you need from mentoring teams.

The 7 sessions from 2019-2020 included the following:

• Foundations of teamwork

• Coaching and networking to enhance your team

• Bringing your best self to the team

• Maximizing the capabilities of your team

• Toxic teams

• Mentor/mentee training

• Narrative leadership

1. **Examples of additional iQuESt opportunities**

• Crash course in qualitative research methods (weekly for 4 weeks)

• Fellows’ writing group (for accountability and feedback)

• Mini-grantwriting series

• Small group virtual meeting with Dr.Berwick, the co-founder of the Institute for Healthcare Improvement discussing the history of quality improvement and safety work in healthcare

• Fellows’ oriented panels on work-life balance, productivity, career development

• Workshops on cover letters and job talks